

LSU

University Recreation

Challenge Course Program Participation Agreement

Print Name: _____ Group: _____ Date: _____

_____ I understand, agree and appreciate that Louisiana State University, Department of University Recreation, Challenge Course Program involves a variety of rigorous physical activities that often include warm-ups, games, group initiatives, trust falls, low and high challenge course elements, climbing challenges, and other activities. The University Recreation Challenge Course Program is a series of cables, ropes, obstacles and/or wooden boards stretched between or attached to support systems, which provide different challenges for the participant in the form of low and high elements. Many of these activities require the use of props such as logs, wooden boards, ropes and blocks. I voluntarily and freely agree to engage in these activities. The degree and extent of participation remains my choice, based on what I can comfortably and willingly risk. I understand that a philosophy of "Challenge by Choice" has been adopted by the Department of University Recreation Challenge Course Program to insure my complete control of my own level of participation. However, it is up to me to inform the group of my choice, and tell the group if I perceive pressure to participate. Yet there is a risk, both known and unknown, which must be assumed by me, that I may suffer serious emotional or physical injury or disability, or even death.

_____ It is herewith acknowledged and agreed that by my participation in the Challenge Course Programs, administered and run by Louisiana State University, Department of University Recreation at its Sport and Adventure Complex facility, that I understand that such activity is inherently dangerous regardless of safety precautions to reduce the risk, and that I HAVE VOLUNTARILY AND KNOWINGLY ASSUMED ANY AND ALL RISKS, both known and unknown, including that I may suffer serious emotional or physical injury or disability, or even death, as a result thereof, and that I assume full responsibility for my participation. In the event that I observe and perceive any unusual or significant hazards during my presence or participation, I will immediately notify the nearest official and remove myself from participation in this activity.

_____ In accordance therewith, in consideration of my participation in the Louisiana State University, Department of University Recreation, Challenge Course Program, I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby RELEASE AND HOLD HARMLESS Louisiana State University, its agents, officers, employees, participants, volunteers, and all other persons or entities acting in any capacity on its behalf, used to conduct the event (hereafter referred to collectively as the "Releasees"), with respect to any and all injury, disability, death and/or loss or damage to person or property, including if such injury or damage is due to the negligence of LSU and its employees. Should Louisiana State University, or anyone acting on its behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold such harmless for all fees and costs. I certify that I have adequate health insurance to cover any injury or damage that I may cause to suffer while participating, or else I agree to bear the costs of such injury or damage to myself. I further certify that I am in good health, and I have no medical or physical conditions that could interfere with my safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition. I understand and acknowledge that it is my personal responsibility to obtain my own medical advice and evaluation to determine whether I should participate in the Challenge Course Program. In case of an emergency, this consent also authorizes the release of this form and all medical and accident

